FREE PARENT / COMMUNITY SESSION

Winnipeg School Division presents Mental Health and Substance Use

Education, Advocacy, Support, Resources

DECEMBER 3, 2019

Grant Park High School - 450 Nathaniel Street

Resource Fair: 6:00-7:30 pm

The resource fair will highlight several agencies in our community that support youth and families.

Keynote: 7:00 pm Marion Cooper, Executive Director Canadian Mental Health Association

Panel Discussion: 7:30-9:00 pm

Panel Presenters:

- Addictions Foundation of Manitoba
- Cory Guest, Paramedic, Pubic Education Coordinator
- Macdonald Youth Services
- Marymound
- Manitoba Advocate for Children and Youth
- Youth Hub
- Parent with lived experience
- Winnipeg School Division Healthy Minds Specialist

Topics include:

- Co-occuring relationship between mental health and addiction
- Emerging trends in substances
- How to access resources/services
- How your child's school can provide support

For additional information please contact: Fiona England, Healthy Minds Specialist fengland@wsd1.org

To register and request a child-minding space please contact: Annette Striefler astriefler@wsd1.org or 204-786-7842



