

**For Immediate Release**



## **Parent Volunteer Honoured**

**(Winnipeg, May 3, 2013)** – Lord Selkirk Elementary School Parent Council volunteer, Theresa Tougas, was awarded the *Judy Aiken Memorial Award* by Manitoba Association of Parent Councils (MAPC) at its Annual Banquet on May 03, 2013 at the Victoria Inn in Winnipeg.

For the past ten years, Ms. Tougas has served as volunteer for both her Parent Council and school community in the Winnipeg School Division. Her volunteer work includes:

- Starting a Walking School Bus to ensure students arrive at school on time each morning
- Involvement in several of the school's sports programs including: baseball, soccer, flag football, karate, and running club
- Supporting fundraising projects and special events encouraging greater school support
- Participating in events such as; Family Fitness Night, Winter Wonderland, Holiday Dinner, Halloween Craft Night, Meet the Teacher BBQ, Wiggle, Giggle and Munch Program
- Involvement with the Neighbourhood Alive Committee in Elmwood since its formation in 2010, as well as volunteering for Habitat for Humanity and Folklorama
- Encouraging students and families to be involved in their school community

"Parents find Theresa very easy to talk to and they usually get a big hug from her," states Jaylene Kewley, Lord Selkirk Elementary School Parent Council member. "She is a true mentor for everyone."

The Judy Aiken Memorial Award was established in 2004 to honour the memory of Judy Aiken - a long standing member of the Manitoba Home and School Parent Teacher Federation which later became MAPC. Ms. Aiken's family and MAPC established the award to recognize exceptional individuals who, through their actions and efforts on behalf of their school parent associations, have made a significant contribution to their school community.

*The Manitoba Association of Parent Councils is dedicated to supporting, promoting, and enhancing meaningful involvement and participation of parents in order to improve the education and well-being of children in Manitoba.*

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